

The Dragonfly

JIKIDEN REIKI ASSOCIATION OF CANADA



Newsletter #12 of the Jikiden Reiki Association of Canada

Spring 2019

President's Message:

When I wrote my last two articles I already thought that we were experiencing unsettling times. I can't say that it has gotten better.

In order to find peace of mind with what is going on in the world, giving myself Reiki and sharing it with other people makes a big difference. For me there is nothing more helpful than going into my 'Reiki mode' and letting go of the outside world for a while. Working with love and compassion is the most wonderful and rewarding 'job' I can imagine for myself.

Of course I still have to deal with the real world, but finding peace of mind for some time every day keeps me emotionally healthy. I can highly recommend self-treatments!

Most of you know me and my Reiki path, switching from different lineages of Reiki to finding my Reiki 'home' with Jikiden Reiki. As I said it's my Reiki 'home', which doesn't mean that other lineages are worthless or not the right thing to do. On the contrary, we need diversity, if we only wouldn't fight about who is right or wrong, who is better and who is more powerful.....

My students know that I try to avoid the word power in relation to Reiki. It's so overused and usually there is lots of ego is involved. I learned from Tadao Sensei that we are the channel for the energy, helping to create a safe

environment while treating and giving the body of the receiver a chance to heal itself during the session and beyond. Working with the feedback from the body of the client helps me to work more efficiently, but in the end it's not me who is the healer. There is a bigger source out there, however you call it: God, Universe, Spirit, Kami, Buddha.....

Reiki work is done with love and compassion- to me they are the most important things in this kind of work. This relates nicely to Chiyoko Sensei's quote: "Reiki is compassion in action."

Please be aware that there will be a Jikiden Reiki North American Congress held in Vancouver in October with the theme of the life and work of Chiyoko Sensei. Hope to see you there! It will be a great opportunity to meet and support our cause.

With kindness

Gabrielle Gietzen, Dai Shiha

Chair JRAC

Halifax, NS



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Jikiden Reiki North American Congress Vancouver, Oct 19~20 2019!

How it got started

There were two world congresses in the past. The first one was held 2014 in Barcelona, I flew out from Chilliwack, BC. Despite the additional cost for the flight and accommodation, I have zero regret joining the event since it was absolutely amazing! When another one was held in Kyoto in 2016, I joined in a heart beat because I remember how amazing it was from the one in 2014! Both Congresses were absolutely fantastic, but I noticed not many attended from Canada and the USA.... I wondered, "Maybe it is because it is too far away?" In addition to the Congress fee, there is the cost of the flight and accommodation, which adds up quickly.... I understand... What if there is a Congress held in Vancouver...?"

The idea of holding a Congress on this continent has been brewing since 2014, now it is coming true! How exciting!

When I mentioned that I wanted to create a similar event in Vancouver, a few of my Jikiden Reiki friends jumped on board without any hesitation. I cannot thank enough my Congress team members, Paul Sexton, Sue Yasuko Tedaka, Shoko Kawamura and Marius Bocu for joining on this journey knowing that this will most likely be volunteer work. JRAC board member, Mike McCarty, has been a great help creating flyers and the tenugui design.



Because of the size of the event, we needed to have our own incorporated organization. We have established "NPO Jikiden Reiki Association of BC" to fulfill the purpose of this Congress! We are pouring in our hearts and soul, and putting hours and hours to make this event successful!

The Purpose

It has been already 14 years since Jikiden Reiki landed on the North American continent, Vancouver BC. Thanks to the continuous effort by Tadao-sensei, Arjava-sensei and Shihan/Shihankaku teachers in local areas, Jikiden Reiki

has been spreading slowly but surely in the North American region; however on the other hand, we have been facing many challenges as we grow.

Since Jikiden Reiki has been passed down directly by Usui-sensei, Hayashi-sensei and Chiyoko-sensei without any influence from other cultures, its teaching retains a strong reflection of Japanese culture and Koshinto (meaning ancient Shinto). We, Jikiden Reiki teachers, do our best to preserve the way Chiyoko-sensei practiced Reiki as a home remedy for 65 years and we believe that is the beauty and true essence of Reiki.



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Japanese culture is hard to understand for the western mind, even for Japanese people who live in Japan! But there are certain customs that people in Japan follow naturally without being told, and this is reflected in Jikiden Reiki. I thought that if I can give more education on Japanese customs, it would greatly help to preserve Jikiden Reiki teaching.

Written below are the present circumstances and solutions presented by local Shihan/Shihankaku teachers, especially Japanese Jikiden Reiki followers who have been living in Canada who understand both Japanese and Western culture.



The present circumstances

- Shihan/Shihankaku teachers do not receive enough training to be able to gain a deeper understanding of Japanese culture which underlies Jikiden Reiki teaching.
- People come to learn Jikiden Reiki with a background in many healing modalities, including different styles of Reiki, and new age concepts, Jikiden Reiki seems too simple to be true for those people so they tend to have desire to add different techniques to make it better.
- Many people look for spirituality (psychic, intuitive, mediumship etc.) in Jikiden Reiki, and are confused between Reiki and psychic ability.
- Many Jikiden Reiki followers become unclear and confused by some published Reiki books, Facebook posts, and blogs that debate about how Jikiden Reiki is trying to be superior or isolated.
- We can foresee that Jikiden Reiki in western countries will become "Western style Jikiden Reiki" if we don't provide a good core spirit of Jikiden Reiki. This event is especially important for Shihan/Shihankaku who are teaching Jikiden Reiki. There is no doubt that the current practitioners and people who learned Jikiden Reiki for home use will benefit immensely from this event.

Our Plan

- Create the event "North American Jikiden Reiki Congress" and provide an opportunity for Jikiden Reiki followers to meet and establish a bond with each other.
- Invite guest speakers who had a personal connection with Chiyoko- sensei to speak about their experience of meeting with her, and how it was like to see the Jikiden Reiki Institute grow from a small mom & son team to an international school in 20 years.
- Learning from the selected speakers will help to create a strong core spirit of Jikiden Reiki and help Jikiden Reiki followers to be confident and content with what they teach and practice.
- Share some of the Japanese culture that is reflected in Jikiden Reiki teaching and help the followers to understand why Jikiden Reiki is taught in different way than other Reiki schools.
- By learning deeper, some negative rumors will not affect our followers.



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The reason I planned this Congress is to emphasize how Chiyoko-sensei was practicing Reiki for over 65 years.

Chiyoko sensei simply practiced Reiki for people who suffered with illness and injuries. She had no idea there were other styles of Reiki until late 1990s, so she wasn't influenced by other competitors. She didn't feel the need to modify or make it better by adding other techniques like psychic reading, mediumship and counseling. For her, Reiki was all what she needed.

Now there are many people researching detailed information about the history of Reiki- what is right and wrong, and getting caught up with these details. Chiyoko sensei didn't have to know all about it, she simply kept on practicing how she was taught.

Last but foremost, I would love everyone to feel the room full of people who practice Jikiden Reiki, whether Shihan and Shihanakaku who are teaching Jikiden Reiki, practitioners who have their own Reiki business or people who use Reiki as a home remedy. Many of us have connected through Facebook, but it makes a big difference when we meet in person! This personal connection can wrap the globe with compassion!

Program

- Grand Reiju with all participants followed by grand Reiki Mawashi
- Speeches from the selected speakers described below
- Okinawan drumming demonstration and other possible demonstrations
- Gift bag with original design tenugui and other items
- Japanese lunch box (selection of vegetarian and non-vegetarian) for 2 days
- Optional social dinner (buffet style)
- Optional activities: Calligraphy and Tea Ceremony trial session
- Last but most important: meeting with Jikiden Reiki friends across the continent!



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Why Calligraphy?

We decided to include Shodo as a part of the optional activities for the Congress because there is a similarity between Reiki and Shodo practice.

The pen calligraphy has many ink colours and different tips, but Shodo uses a simple brush and black ink. It is not required to rely on different tools to improve the writing. Simply practice with the same tools over and over. When our soul is in silence, it reflects the beauty of the calligraphy art. There is no spirituality in Shodo unless you create a connection with the brush flowing on a paper.

In Jikiden Reiki, we do not add any other techniques, nor modify to try to improve the skill. We simply place hands on the body and when our soul is in silence, it reflects the beauty of the healing art. There is no spirituality in Reiki unless you create a connection with your hands on the body.

This workshop will be guided by Eri Luman (Shihan, Portland Oregon) professional calligrapher.



Why Tea Ceremony?

We decided to include Sado (tea ceremony) to be a part of the optional activities of the Congress because there is a similarity between Jikiden Reiki and Sado practice. Tea ceremony is a doorway to Japanese culture, in this sense, the same with Jikiden Reiki.

The practice of tea ceremony comes with such detailed movements and manners while showing respect to the guests, tools and the room. There are 4 main tea schools and they all have different ways of doing the tea ceremony. Each student practices with their teacher over and over, so each movement comes naturally in the meditative state.

Because each school has different ways of doing things, different schools do not practice together, but simply acknowledge the difference. They do not compare each other; they do not change their way of doing things, but just carry on with what they were taught. The Reiki community can learn this way of thinking: non-comparison but being content with what you've been taught.

The Tea Ceremony will be guided by Ayako Skaino Urasenke, instructor, who resides in Vancouver.



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Selected speakers

Tadao Yamaguchi (Founder of Jikiden Reiki Institute, Japan)
Topic: TBA

Frank Arjava Petter (Vice representative, student of Chiyoko sensei, Greece) Topic: TBA

Amanda Jayne (Dai Shihan, student of Chiyoko sensei, England) : Memory of Chiyoko Yamaguchi sensei and Women in Reiki

Gabrielle Gietzen (Dai Shihan, President of JRAC, Halifax, NS) : Introducing Jikiden Reiki to the Health Care system in Halifax, establishment of Jikiden Reiki Association of Canada

Kazumi Oishi (Shihan, student of Chiyoko sensei, Kaminchu:Okinawan indigenous spirit worker, Japan) : Memory of Chiyoko sensei, establishment of Jikiden Reiki from the early time, misunderstanding of Reiki and Reibai (psychic medium) and misuse of spirituality.

Takashi Terashima (Shihan, student of Chiyoko sensei, assistant of Jikiden Reiki Tokyo seminars, National licensed accupuncturist/anma massage/moxa practitioner, priest status in the Shingon sect of Buddhism, Japan) : Memory of Chiyoko sensei, development of Jikiden Reiki Institute, religious culture and Reiki in modern Japanese history, and some discussion of Senju Kannon (Quan Yin with 1000 hands) .

Mari Okazaki (Dai Shihan, interpreter for Tadao sensei, main organizer of the Congress, Chilliwack, BC): Japanese culture reflecting Jikiden Reiki

Video speakers: (a short video will be viewed at the Congress, video production by NPO-International Jikiden Reiki Association and Yohei Yamaguchi)

- Mrs. Arakawa (Jikiden Reiki Institute staff, old friend of Chiyoko sensei, Calligrapher of Japanese certificates)
- Mrs. Kamiosako (Shihan, student of Chiyoko sensei) : Chiyoko sensei provided continuous Reiki sessions for her kidney condition and successfully avoided dialysis.
- Mrs. Ito (Shihan, Student of Chiyoko sensei): Introduced aromatherapy for Chiyoko sensei, and provided Reiki sessions for her during the last days of her life.



Our goal

Our goal is to have 200 Jikiden Reiki friends for this Congress! The Congress fee will cover the expense of inviting speakers from Japan, Greece, England and Canada, a large venue, insurance, license, video production, gift items, etc. If we can reach this goal, we will be able to cover the expenses and make it a memorable event. People are already registered from Europe, so why not from North America!

2 Day Congress fee (\$350), Optional event: Tea Ceremony (\$20), Calligraphy (\$25), Social Dinner(\$50)

We are looking forward to seeing many of you from across Canada!

For registration : www.jikidenreikinacongress.com

Join Facebook page:

<https://www.facebook.com/groups/jikidenreikinacongress>

Mari Okazaki
Vancouver, BC



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Sometimes One's Life Path is Revealed in Nonlinear Style

In March 2018, I attended a Jikiden Reiki certification and was reintroduced to a hands-on healing art I was initiated into 20 years earlier.

Back then I was deeply into the Kryon book series.

Kryon is the master of the magnetic frequencies of earth. At the Kryon book club, I met a woman who introduced me to Western Reiki. Before the other attendees arrived, she sat staring at me. Finally, she asked, "What do you do?" I said, "I'm a little art and a little science." She said, "You are a magnetic spinner. There are six of you on this planet. You will be taken to different places on the earth to spin magnetics." At that point in the late 1990s, any form of

travel was unimaginable as I was a stay-at-home mom. She gave me her business card. Her name was Topaz, my birthstone, so it stuck in my mind. Her card said she was a Reiki Master. I also thought she was a bit "cuckoo." However, her words stayed in my mind so I called her and arranged a Reiki treatment. Whatever that was, I thought.

As I lay down on my stomach, Topaz asked her guides why I was there and they told her to flip me over. When she did, she saw light coming out of my body. Her guides said, "Topaz, this woman can do Reiki!" I was shocked and told her about two experiences I had.



First, when a friend was visiting. Suddenly a voice spoke to me, saying I needed to "Hold this woman's heels." It was relentless. So I asked if I could hold her heels. She agreed. I felt balls of energy surround my hands and feet. She asked

me what I was doing. I said I didn't know. I continued until this feeling dissipated then said, "You're done." The next day this woman got her period, which was key as she had not had her period for months after a termination. Later, I realized the reflexology point for the womb is in the heel.

Second, I was sitting across the table from a woman who had on a silver rose necklace. Suddenly the necklace asked me to come stand behind her because she was in need. It just kept on relentlessly till I complied. When I went and stood behind the woman, I could feel a great surge of heat from her lower back. I put my hands there and guided this heat to leave. She asked me what I was doing. I replied I didn't know. I said her rose necklace told me to do it. She slid the rose aside to reveal a Virgin Mary icon. She was awaiting surgery, was in terrible pain, and had forgotten her pain killers.

Topaz told me I had done spontaneous healing work with both these women. I was skeptical, but she insisted I come to get my level 1 in Western Reiki. I tried to practice, but being a wife and young mother always got in the way.



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My marriage ended in 2009, and I started travelling in 2013. One of the trips was to the Island of the Sun at Lake Titicaca in Bolivia. I felt I needed to visit the Crossing point of the Plumed Serpent line and the Rainbow Serpent line. These are magnetic Dragon lines that run around the earth and cross on Sun Island and then on the opposite side of the planet.

In September 2017, I visited the Sacred Valley of Peru to experience Ayahuasca. During the last two ceremonies, I had the feeling of turning into a Happy Dragon. During the first ceremony, many entities came to put their hands up and give me Reiki energy, just as I had seen in the temples of Egypt. It seems that everywhere in Egypt those figures carved onto the temple walls were using their hands to direct energy for healing and wellness.

Back to my attendance at the Jikiden Reiki certification, we watched a video wherein during Reju (seeing), two dragons were experienced by founder Chiyoko Yamaguchi. These two dragons are on the certificate I received after the certification weekend. On learning how much Western Reiki had changed in its journey around the world, Chiyoko Yamaguchi and her son, Tadeo, decided to pass on what they had learned, coining the name Jikiden Reiki. The term "Jikiden" is a Japanese word that denotes a traditional art form passed on carefully from teacher to student without alteration. Jikiden Reiki does not have any non-Japanese concepts and is very respectful of the original teachings. It is directly passed down from Usui to Hayashi to Yamaguchi. It is traditional Japanese form and much simpler than Western Reiki. I resonate fully with its teachings.

Recently, while working on a client, I realized the dragons on my certificate are my two arms. Then memories of being on Sun Island, of seeing the healing hands in Egypt, of turning into a dragon twice during my time with Ayahuasca, flowed. Even my last YouTube talk before I left for Peru called "Surfing the Matrix" was involved. During this talk, I speak of the twin serpents often. I became

overjoyed at this connection. The story has unfolded in a very nonlinear way, after having done all the magnetic spinning the universe asked of me on my journeys. All the attunements I obtained at the sacred sites

while spinning magnetics have now formed me into a passionate Jikiden Reiki worker. The feedback from my clients attests to the effective results.



Beata Van Berk (aka Tinfoil Hat Lady)
Saskatoon, Saskatchewan

If you are interested in this mysterious art of inviting happiness, please contact Beata Van Berk:
call (306) 291-4706
email Tinfoilhatlady@gmail.com
[youtube.com/tinfoilhatlady](https://www.youtube.com/tinfoilhatlady)
www.tinfoilhatlady.com.



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My Nova Scotia Reiki Community

After many years following and teaching the Western styled Reiki, I was able to take the Shoden and Okuden levels from Tadao Sensei in 2011. I was inspired to gather the fee requirements when I saw one of our local Shihans at the former 'Great Oceans'. She was attending the 2010 seminar with Tadao Sensei and was absolutely glowing. I wanted some of that !!

When I look back at my Western Reiki teaching notebooks - I wrote: "A number of concepts, common to Eastern traditions of thought, characterize the underlying premises of Reiki. However, the rapid spread of Reiki in the West has resulted in the "westernization" of Reiki concepts. This is a natural process, as one culture seeks to understand a system of belief derived from a different culture. Therefore, the ways in which Reiki is defined and explained reflect both Eastern and Western approaches to interpret abstract concepts."

I like to think I already sensed there would be a significant difference between the trainings from the East and the West. My wonderful Western Reiki teacher said and wrote that Reiki, in its purest form, is very simple: that teachers tended to attach many 'bells and whistles' to the training. She was certainly right. I will never regret teaching Westernized versions of Reiki, as I could do this for nominal fees. Many people learned Reiki who could never have afforded the recommended costs for courses.

However, I was ready for a simplified version to continue to enrich my personal development and to offer in treatments to others. I was not disappointed in the Jikiden Reiki training !!! Truth be told, I also wanted a more direct connection to the lineage of the Reiki, which could only come from Japan.

Sometimes, seemingly self-serving motives turn out to be beneficial beyond what could be expected. This was certainly the case for me. My volunteer work with patients with serious ailments in the Sun Shine Room in the QEII, at the Cancer Lodge, for their family members, within my own family and community have shown me that my initial motives ended up helping so many others.

Our local Shihans, Shihan Kakus and practitioners are beyond amazing. They are available at Reiki Shares, often twice a month, and quietly offer support for all. They allow everyone space to grow, share, enhance, build and maintain a strong practice for self-healing and to benefit others in various ways. They are patient, humble and non-judgmental. Their examples constantly show me better and richer ways to be in this world and my gratitude to all of them cannot be measured.

Jikiden Reiki Rocks,

Sheila Porter

April 2019

Halifax, Nova Scotia



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To the Final Frontier...and BEYOND

The young woman shuddering beneath her blanket in her wheelchair was bald and emaciated – nothing but skin and bone. And eyes.

As those golden orbs fixed on me with a steady gaze, I became aware of the other woman who had wheeled her into the Sunshine Room. “We’ve just come from palliative care,” she said. “My daughter would like a *Reiki* treatment.”

The story came out as we eased her daughter – let’s call her Vee – from her chair onto the bed and I wrapped her head in a *tenugui*.

Diagnosed with leukemia as a teenager a dozen years ago and given a stem cell transplant, Vee had relapsed a year ago. All efforts to achieve a second remission had failed, and she was going home to die.

As a blood cancer survivor and father of daughters, it was difficult to keep my emotions in check as I focused on the treatment. When we were done, I offered to bring the necessary paperwork back to the hematology ward after my shift, rather than having them wait.

After dropping the papers at the nursing station, I knocked on Vee’s door and was invited in. She directed the first of what were to be many dazzling smiles in my direction. Vee and her mom (Kay for this story) were having lunch, and after a brief conversation asked me if I made house calls. The Reiki session had greatly comforted Vee, and they were hopeful that I could continue to provide more of the same. Without hesitation I gave them my contact information, and asked them to call when ready.

Two weeks later I got the call, and for the next month shared Reiki with Vee two or three times a week. We developed a ritual – same time of day, same *tenugui*, same music, always ending with *Ketsueki Kokan Ho*, my contemplative gaze into those golden eyes, and Vee’s radiant smile.

At the end of the month I travelled west for a family celebration. Before I left, I made a list of the Reiki hand positions for leukemia from The Hayashi Reiki Manual, and every morning of my absence we performed modified *Enkaku*, as I sent Reiki from over

5,000 km away while Kay placed her hands on her daughter.

We resumed hands-on treatments upon my return. One Friday two weeks later, I called to confirm our next appointment, only to learn that Vee had taken her last breath scant minutes before.

While you may not agree with my interpretation of what happened next, there is no doubt in my mind as to the reality of the experience.

As I lay in my room that night, I was suddenly overwhelmed by powerful pulses of energy. I was immobilized, pinned to the bed, unable to move. I lost track of time; I was not afraid. It felt like pure love. Vee had come to say thank you and goodbye, and to assure me that there is a BEYOND.



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A final post-script to this extraordinary experience – two months later Kay called. She was returning to work, and asked me for a Reiki treatment to help her make the transition. She told me how sad she was feeling, so I incorporated *Sei Heki* into her session. Same room, same tenugui, same music as when Vee and I shared the energy.

The phone rang two days later. “Ron, what have you done to me?” queried the voice at the end of the line. It was Kay. With some trepidation, I asked her what she meant.

“I’m no longer sad,” she said. “I feel a new lightness, a new serenity. Thank you.”

Ron Ternoway

Halifax, NS

Financial Assistance Grants from JRAC

Part of the mandate of the Jikiden Reiki Association of Canada (JRAC) is the promotion and development of Jikiden Reiki in Canada. To support this mandate, the Association has established two grant programs.

Promotion of Jikiden Reiki

In 2015 a grant was established in the amount of \$1,200 to assist in the promotion of Jikiden Reiki.

The amount was allocated at \$100 per person for 12 people on a first-come, first-served basis. It is expected that this money will be used for rental fees and other costs at Trade Shows, Health Fairs, etc. at which the grant recipient promotes awareness of Jikiden Reiki. Persons receiving the grant submit receipts to the Association and are reimbursed.

In 2018 Marlene Lirette, Teresa Krehel, Gabrielle Gietzen, Yasuko Tedaka and Martina Debreux applied and were granted \$100 each to promote JR at Health Fairs etc.

At our January 2019 AGM Gabrielle noted that the total grant allocation of \$1,200 has never been used and suggested that increasing the grant amount per person might be a way of encouraging more people to apply.



After discussion it was concluded that the grant would be **increased to \$150.00** but the total allocation would remain at \$1,200.

All members are encouraged to take advantage of this assistance.

Seminar support

A second grant program that was approved at the Annual General Meeting (AGM) on January 28, 2017 and has been renewed for 2019 with the funding increased to \$2,000 divided into four \$500 awards.

The purpose of the JRAC Seminar Grant is to provide financial support to Jikiden Reiki students wishing to attend scheduled seminars for the first time with Tadao Yamaguchi in either Vancouver, BC or Halifax, NS. The four grants of up to \$500 each would be awarded to cover seminar fees. The grant is paid directly to the organizer of the event with Mr. Yamaguchi.

In the event that no applications were received for one or the other of the seminars, both grants would be awarded for the remaining seminar. If no grants are awarded in 2019, the amounts would be held over to the next year and the grant’s value increased accordingly



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Time for a New JRAC Tenugui

At our recent JRAC executive committee meeting (January 2019) it was discussed that the inventory from our first order of JRAC tenugui (treatment towels) was almost depleted. We decided that additional tenugui should be ordered and that a new design would be an exciting addition for our association.

We are calling to any and all interested JRAC members to create an original design that will be used to print a new order of tenugui.

Although we offer no monetary reward, the successful design will be widely distributed and recognition given to the artist in our publications.

Guidelines:

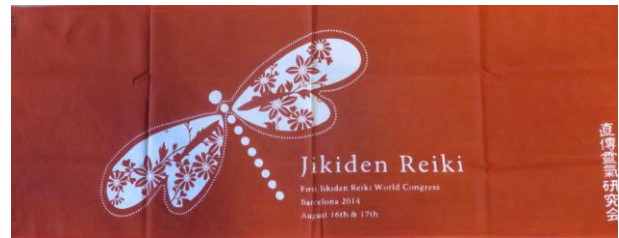
Our tenugui will be more attractive and authentic if created using the traditional fabric dyeing method, rather than the more modern printed technique (one side only).

To this end the following advice is offered by Mari Okazaki:

“As the ink soaks into the fabric, it will make it blurred for about 1mm. Tenugui artists usually keep that in their mind and design a certain way. With the dye method, the design will not be exactly how its designed, but that is part of the tenugui art, I think.”

The more colours, the more complicated and, hence, expensive the printing process will be.

The simplest and least expensive type consists of a single colour:



Two different colours should be separated by at least 2-5mm. In cases when two colours do intersect, the stronger (eg: black) will overpower the paler.



(Note: white is not counted as a dye colour but is simply the undyed cotton.)

The Jikiden Reiki kanji script and the JR *chop* should be included as well as traditional motifs such as the dragonfly.

The tenugui size is about 90x33 cm (35"x13" inches)

If you are interested in contributing a design and would like more information, please contact Mike McCarty (mikeatlarge26@hotmail.com).



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Seminars with Tadao Yamaguchi

President of Jikiden Reiki Kenkyukai (Kyoto)

In Japanese with English translation
(Interpreter: Mari Okazaki)

Halifax, NS

Seminars, including teacher training will start on
June 5th, 2019. For details please contact
Gabrielle Gietzen at gabriellegietzen@gmail.com

Vancouver, BC

October 10~14, 2019 (Shoden & Okuden)

Shihankaku & Shihan (Upon request)

Location : Holiday Inn Express Metrotown

Contact Mari Okazaki (himawarimari@telus.net)

JRAC Board of Directors 2019

Gabrielle Gietzen, President

Mari Okazaki, Vice President

Chris Binns, Past President

Cathy Oliver, Secretary

Candace Gietzen, Treasurer/Membership

Mike McCarty, Newsletter

Francine Mineault, French translation

Joyce Thomson

Natasha Palikuca

www.jikiden-reiki.com

Webpage for the JR Institute Kyoto

www.jikidenreikiassociation.ca

Webpage for the Jikiden Reiki Association of Canada

If you have any Jikiden Reiki events, news or an article you would like to contribute to our 2020 newsletter, please send to: mikeatlarge26@gmail.com

We welcome your comments and suggestions on any aspect of **The Dragonfly**.

